

Holycross
Upperchurch
Templemore
Loughmore
Littleton



THURLES

TIPPERARY HEARTLAND
TOURISM GROUP

www.tipperaryheartland.ie

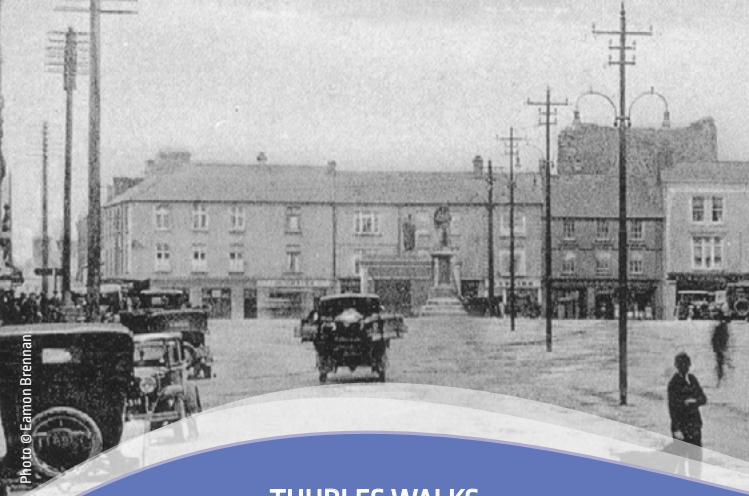


Photo © Eamon Brennan

THURLES WALKS With Jimmy Duggan

Thurles and its hinterland offer a wonderful opportunity to explore Tipperary's rich heritage and history.

Whether it be medieval Thurles, famine times, sporting Thurles, the era of revolution or any combination, we have a personalised walk for you.

The forts, monasteries, tower houses, abbeys and natural habitats of the surrounding countryside are also ripe for exploration. You decide on the length of time and your area of interest and we will facilitate all ages.

Beidh fáilte ar leith roimh ghnó trí Ghaeilge.

Enquire at **Thurles Tourist Office**



#tipperaryheartland





Discover the Rich Cultural Heritage of Thurles and its surrounds

Thurles Tourist Office is the central hub for all tourist related queries and bookings for Thurles and its surrounding areas. The office opened its doors in September 2020 and it prides itself on offering ideas and information on tourism, activities, sports and genealogy that is available in Tipperary. We can also help with any transport, accommodation or entertainment tips that you might need. If you have any queries call in to our new office on Slievenamon Road, just off the square.

THURLES TOURIST OFFICE



 Thurles, E41 C6W8

 [0504] 27534

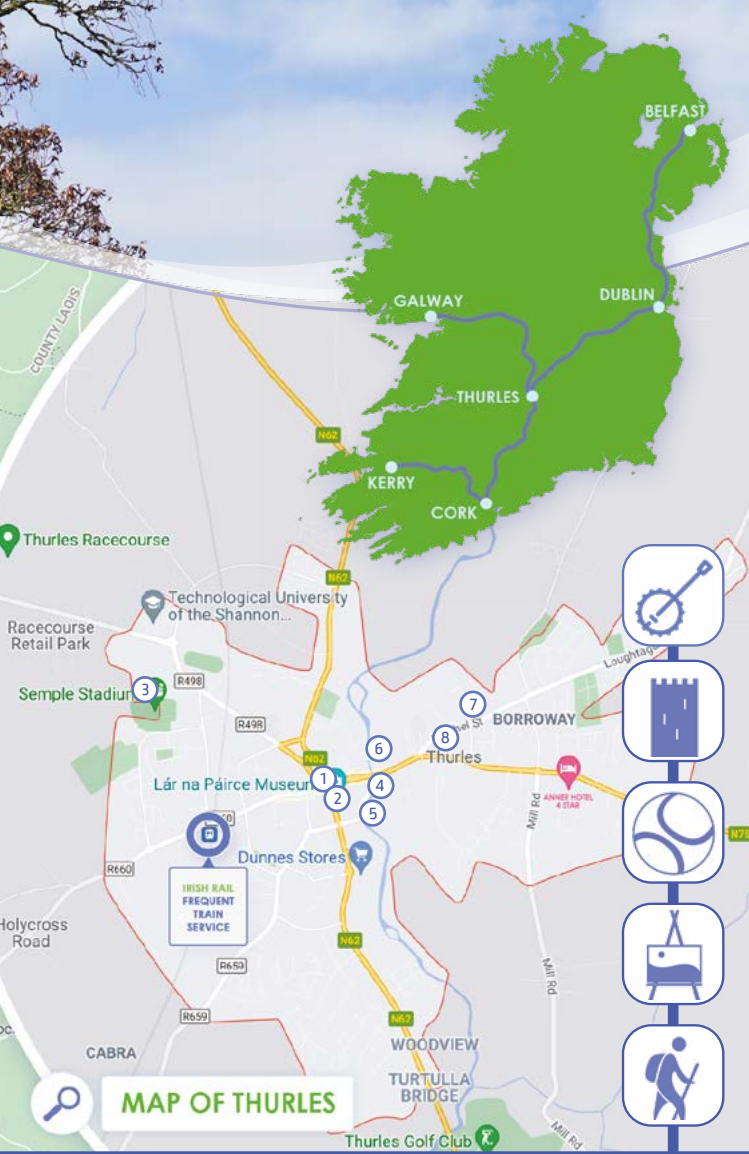
 hello@thurlestouristoffice.ie

 www.thurlestouristoffice.ie


www.tipperaryheartland.ie



- | | | |
|--------------------------------|----------------------|------------------------|
| 1. Thurles Tourist Office | 8. Memorial Garden | 14. Upperchurch Walks |
| 2. Lar na Paire | 9. Cabragh Wetlands | 15. Loughmore |
| 3. Semple Stadium | 10. Holycross Abbey | 16. Cloncannon Biofarm |
| 4. The Source Arts Centre | 11. Farney Castle | 17. Templemore Park |
| 5. Tipperary Studies | 12. Cormackstown | 18. Littleton Walks |
| 6. Cathedral of the Assumption | Heritage Centre | 19. Cashel Walks |
| 7. The Monks Pub | 13. Jim O' the Mills | |



MAP OF THURLES



Parking



Wheelchair Accessible



Indoor Food



Picnic Facilities



Toilets



Tours Available

www.tipperaryheartland.ie





SEMPLÉ STADIUM

A visit to **Semple Stadium** Thurles, the largest sporting arena in Ireland outside of Croke Park, Dublin, is an exciting experience for any visitor interested in Ireland's sporting heritage.

Many visitors will have attended epic games in the iconic venue and will have an opportunity to experience the pleasure of walking on the hallowed sod of this Field of Legends. As they do, memories of great contests will come flooding back and the ghosts of sporting heroes will fill the imagination.



📍 Thurles, E41 C956

☎️ [0504] 27534

€ €5 - Admission
Group Prices Available

✉️ reception.tipperary@gaa.ie

🌐 www.tipperary.gaa.ie

🚩 Tours can be tailored to specific groups. Call Thurles Tourist Office for more info.

www.tipperaryheartland.ie

Lár na Páirce Museum is an interpretative centre of Gaelic Games that is dedicated to educating its visitors about the rich heritage of the GAA.

It houses an impressive collection – including hurleys, jerseys, trophies, medals, programmes, publications and banners – which brings to life the development of Gaelic Games from ancient times to the present day as well as showing its unique role in Irish history.

The museum was originally developed by a group of volunteers to display the Sam Melbourne GAA collection and to showcase the GAA legacy to the next generation. Over the years, the museum has received a vast collection of items of sporting interest.



 Thurles, E41 C956

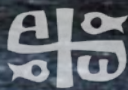
 [0504] 27534

 €5 - Tour Admission
Group Rates Available

 larnapaircemuseum@gmail.com

 Call to book a tour

 www.larnapairce.ie



#tipperaryheartland





THE SOURCE ARTS CENTRE

The Source Arts Centre is a beautifully designed, modern building on the banks of the River Suir. It houses a 250 seater Theatre, Gallery Space and Library.

The theatre has an extensive program of dance, comedy, music and theatre (all events available on their website) and is at the very heart of the community in Thurles. The gallery space is brought to life with an array of visual arts projects and exhibitions.

This shared space is the epicenter of Thurles life and offers entertainment, culture and a chance to experience new and exciting shows and artists.



 Thurles, E41 K802

 [0504] 90204

 Free Gallery Admission

 boxoffice@sourcearts.ie

 www.thesourceartscentre.ie

www.tipperaryheartland.ie





Tipperary Studies is dedicated to documenting and preserving the County's rich cultural, social, economic and sporting histories, and aims to offer open, friendly and easy access to the Library's collections to visitors both in person and through correspondence including our dedicated online digital archive and lecture series.

The Library collects, maintains and preserves documents of local interest under secure conditions and makes them available to members of the public who have an interest in exploring Co. Tipperary's past. The Library's staff is dedicated to assisting researchers with their queries and presenting the user with information from the Library's genealogical, cultural and sporting collections, in a wide range of formats. Tipperary Studies' collections would greatly welcome contributions of Co. Tipperary related sources to ensure that the history of every facet of Tipperary life, both ancient and modern, can be held in trust for future generations.



 Thurles, E41 K802

 [052] 616 6131

 Free

 studies@tipperarycoco.ie

 www.tipperarystudies.ie



Photo © Eamon Brennan



#tipperaryheartland



Cabragh Wetlands Trust was registered in 1993 in an effort to save a vast area of wetland habitats from destruction after the filling-in of the settling pools by the Thurles Sugar Factory during its closure.

The Wetlands have no less than 15 different habitats including ponds, reed swamps, hedgerows, streams and wild flower meadows. Footpaths and raised walkways with beautifully illustrated information boards as well as a large bird hide make an ideal place for school children to discover the sights and sounds of nature in a safe and child friendly environment.



- 📍
✉️
📞
🌐
- 📍 Thurles, E41 T266
 ✉️ cabraghwetlandsmembers@gmail.com
 📞 Call to book a tour/cosmic walk
 🌐 www.cabraghwetlands.ie
- 📞 [0504] 43879 or [087] 7962177
 🌐 www.cabraghwetlands.ie
- € Walks - Free. Tours - €5
 🌐 www.cabraghwetlands.ie
- € Group Prices Available.



#tipperaryheartland





HOLYCROSS ABBEY

Holycross Abbey is a restored medieval monastery - an outstanding example of wonderful architecture, art, myth, legend and historic life.

There is a wealth of religious content and symbols to be explored. A tour takes about 45 minutes. There is also a picnic area and shop. Tour times will change to adapt to any religious events taking place in the Abbey. On the tour, one will see the Relic of the True Cross which gave Holycross its name; will have the opportunity to listen to the folk story of '*The Good Woman's Son*' and also will visit the '*Whispering Arch*', along with many others sights.



 Holycross, E41 PH01

 [086] 166 58 69

 €5 - Guided Tour

 holycrossabbeytours@gmail.com

 Call to book a tour

 www.holycrossabbey.ie



#tipperaryheartland





FARNEY CASTLE

The historic **Farney Castle**, built in 1495 and remodelled in 1800, is the home of Irish International designer, Cyril Cullen and his family.

There are over 500 years of Irish History here, and the interactive guided tour will narrate this vast history in a condensed and engaging manner. The castle was originally built by the Earl of Ormond, Thomas Butler.

Along with the historical aspect of the castle, Cyril Cullen's ornate handmade porcelain sculptures and award winning knitwear are available for viewing and purchase.



 Holycross, E34 FX79

 [0504] 43281

 €6 - Admission

 cyrilcullen43@gmail.com

 Call to book a tour

 cyrilcullen.wordpress.com

www.tipperaryheartland.ie

CORMACKSTOWN HERITAGE CENTRE



#tipperaryheartland





CORMACKSTOWN HERITAGE CENTRE

Cormackstown Heritage Centre is situated between Thurles and Holycross, Co Tipperary, and houses one of the largest collections of rural memorabilia to be found anywhere in Ireland today, containing artefacts spanning three centuries.

Experience the unique dairy collection, tools of a tinsmith, carpenter, cobbler and wheelwright. Re-live life in a blacksmith's forge, see the local merchandise at our traditional Irish shop, become a pupil in our schoolroom and have a cuppa in our farmhouse kitchen.



 Holycross, E41 Y658

 patrickslattery2013@gmail.com

 [085] 713 15 84

 Call to book a tour

 €5 [Adults] €2.50 [Children]

www.tipperaryheartland.ie






Walk on the wild side...

Put on your walking boots and head for the hills by taking a walk along our scenic trails - it's a walker's paradise.

There are three National Loop Walks ranging from 1 km to 12 km including the Eamon an Chnoic Loop. The walks take their name from a Robin Hood figure who roamed the hills of West Tipperary in the late 17th and early 18th centuries. It explores farming country north of Upperchurch village through fields and on old laneways and minor roads with sections along forest boundaries.

The 8km loop has tremendous views of the Comeraghs, Knockmealdowns, Galtees, Sliabh na mBan and the Devil's Bit. It is relatively flat, with the maximum ascent being 150m.



-  Upperchurch, E41 X2D6
-  [086] 051 8934
-  Guided Tours Available



#tipperaryheartland



TEMPLEMORE PARK

Templemore Park is situated just off of the main square in Templemore. It offers a free outdoor experience for every member of the family. An outdoor picnic area is also available.

The park includes a manmade lake and woodland walkway. It has a magical fairy trail for its younger visitors and also includes an all-weather athletic track, pitch and putt course, ancient castle ruins, and open grassland.

New additions to the park include a beautiful sensory garden, cared for the community and referred to locally as the 'Haven of Tranquillity'.

Continue your Templemore experience through the scenic route up the Devils Bit.



 Templemore, E41 FY84

 [086] 360 53 53

 Free

 Call to book a tour

 www.templemore.ie



LITTLETON LOOP

Loch Dhoire Bhile Loop Littleton County Tipperary

This is a short hike to suit all levels of fitness. The three-kilometre walk is the development of a heritage, angling and conservation project undertaken by the local community in recent years.

The land was previously owned by Bord na Móna and was used for milled peat production. Now it is home to a lake, two wetland areas and wildlife sanctuary as well as this loop walk. This one is perfect for kids as they can look out for all the wildlife that make this park their home. It is situated just under the Slieveardagh Hills.

How to get there? Lough Doire Bhile is situated two miles north of Glengoole, just off the Littleton-Glengoole bog road beside the Bord na Móna Lanepark bog. The lake is approximately six acres on a 70 acre wildlife sanctuary.





CASHEL LOOP

High Kings Loop

Cashel County Tipperary

The Walk starts in the Kiln, the carpark under the Rock, on the Holycross/Ardmayle Road, goes around the Rock to the Dundrum Road, after about 100 metres go left on the Boreen Bocht for about 3 kms, cut left through a wood for a km to the Castlelake Road, turn left to the Tipperary-Cashel Road, travel along a dedicated footpath to Cashel, go up Main Street, turn left to Dominick Street, towards the Rock and down by Granny's Kitchen to the carpark.

The total length is just under 9 km and walking time is about 1hr 15 mins depending on your speed.



#tipperaryheartland





LOUGHMORE

Loughmore is a small village nestled on the banks of the River Suir in North Tipperary and is steeped in history. It has a 13th century abbey church, a 14th century castle, a mill built in 1842, historical burial chambers, picnic area and a duck sanctuary. All these attractions are within walking distance of The Cottage Loughmore.

The Cottage Loughmore serves local foods and produce. It is managed and was set up by the local community.

The Cottage Loughmore has tearooms which are housed in one of the oldest buildings in the village. It is an authentic old cottage with a half door open to greet you. A visit is like stepping back in time.

It was winner of Irish Times Best Tearooms in Ireland and the Tipperary Chamber Award for Hospitality and Tourism.



 Loughmore, E41 FK30

 thecottageloughmore@gmail.com

 [0504] 35846

 Call to book a tour



#tipperaryheartland





ST MARY'S GARDEN OF REMEMBRANCE

St Mary's Garden of Remembrance is home to a garden with a series of memorials. St Mary's Church and cemetery dates back to 1292. It contains a garden with a series of memorials, including the original one, opened in 2000 to honour the 72 men who died in the Great War of 1914 to 1918. In 2001 a second memorial was unveiled to the memory of the nine Irish soldiers killed in the Niamba ambush in the Congo in November 1960 and on Easter Sunday 2003, the third memorial was unveiled in memory of all the Thurles men and women who took part in the fight for Irish independence.

Other memorials are for Tom Semple, Irish soldiers killed in the service of peace with the UN, and members of the An Garda Síochána who lost their lives in the line of duty. The cemetery is also the final resting place of Lady Thurles, ancestor of Diana, Princess of Wales.



-  Thurles, E41 K039
-  Call to book a tour
-  [086] 152 8565
-  www.facebook.com/DurlasEileEliogartyMemorialCommittee





—  #tipperaryheartland  





CLONCANNON BIOFARM

Cloncannon Biofarm is located on the beautiful western slopes of the Devils' Bit mountains in Tipperary. To really learn about bio diversity, Cloncannon Farm is an must on your list of places to visit!

They are firmly committed to the principles of organic food production and strive to enhance the natural habitats on the farm. They keep bees, organic free range chickens, organic beef, vegetables and soft fruits. The things you will learn about flora and fauna will astound you.

This is a great experience for families interested in learning to live in a more sustainable way. Visits are by 'appointment only' and we specialise in catering for groups.



 Cloncannon, E53 AE27

 ofarrejf@tcd.ie

 [087] 9227957

 Call to book a tour

 www.cloncannonbiofarm.com



#tipperaryheartland





ROCK OF CASHEL

Set on a dramatic outcrop of limestone in the Golden Vale, the Rock of Cashel, iconic in its historic significance, possesses the most impressive cluster of medieval buildings in Ireland. Among the monuments to be found there is a round tower, a high cross, a Romanesque chapel, a Gothic cathedral, an abbey, the Hall of the Vicars Choral and a fifteenth-century Tower House.

The surviving buildings are remarkable. Cormac's Chapel, for example, contains the only surviving Romanesque frescoes in Ireland.

The Rock of Cashel is one of Ireland's most spectacular and – deservedly – most visited tourist attractions.



 Cashel, E25 KX44

 rockofcashel@opw.ie

 [062] 61437

 Book Tours Online

 www.heritageireland.ie/visit/places-to-visit/rock-of-cashel/

TRADITIONAL MUSIC NIGHTS



JIM O'THE MILLS

Jim O'the Mills is a pub for Traditional Irish music, singing, and craic. Open every Thursday night from around 7.30/8.00pm.

If you haven't heard of Jim O'the Mills you must be living under a rock! The pub, deep in the hills of Upperchurch, only opens on a Thursday night and has just one Guinness tap behind the bar - don't worry there are other options and always a cup of tea available. The Mill, true to its name, was a busy local mill originally owned by Jim's Great Grandfather. It is now run by Jim, his wife Kae and their 5 talented daughters and is renowned for its' music sessions and craic. One of Ireland's Hidden Gems!



 Upperchurch, E41 D3T8

 (0504) 54400

 Free Admission



#tipperaryheartland





THE MONKS

The Monks Pub, Thurles is an old style, traditional Irish Pub that has been in the O' Gorman family for three generations.

It hosts a Traditional Irish Music Session every Wednesday Night with 10 or 20 local musicians playing - visiting musicians are always welcome!

It has a spacious interior and large beer garden/smoking area and a huge community spirit. A trip to Thurles wouldn't be complete without popping into the Monks for a pint!



 Thurles, E41 DP98

 [0504] 21461

 Free Admission

www.tipperaryheartland.ie

WHERE TO STAY

THURLES

Ryan's Daughter
[0504]22177
www.ryansdaughter.ie

The Anner Hotel
[0504]221799
www.annerhotel.ie

Hayes Hotel
[0504]22122
www.hayeshotel.ie

Caravantasia
[086]8627306
www.caravantasia.com

Lisheen Castle
[087]9092618
www.lisheencastle.com

The Castle Country House
[0504]44324

UPPERCHURCH

Hillview B&B
[087] 2645919

CASHEL

Tír na nÓg Bed & Breakfast
[062] 61350
www.tirnanogbandb.com

HOLYCROSS

The Horse and Jockey
[0504] 44192
www.horseandjockeyhotel.com

Abbeyvale House
[0504]43032
www.abbeyvalehouse.com

Boherna Lodge
[0504]43121
www.bohernalodge.com

Hawthorne View
[0504]21710

Whitefort Lodge
[086]0606692

TEMPLEMORE

Templemore Arms Hotel
[0504]31423
www.templemorearms.com

Mountview B&B
[085] 7824784

Oakdale
[086] 8209991

Devil's Bit View B&B
[0504]31523

Demesne B&B
[0504]31523



#tipperaryheartland



THURLES

Thurles Golf Club

(0504)21983

www.thurlesgolfclub.com

Thurles Leisure Centre

(0504)58640

info@thurleslc.ie

Anner Hotel

Leisure Centre

(0504)21164

Thurles Greyhound Stadium

(0504)21003

Thurles Races

Horse Racing

www.thurlesraces.ie

Tipperary Equestrian Centre

(087)7995585

Crossogue Equestrian Centre

(0504)54123

The Monks

Live Irish Music

(Wednesday Nights)

(0504)21461

Thurles Farmers Market

The Greyhound Stadium

(Saturday Mornings)

TEMPLEMORE

Athletic Club

€2/ €50 Per year

Accessible for all fitness levels
and abilities

(087) 2096358

Pitch & Putt

Templemore Park

(087) 7931721

Whitefield Brewery Tour

(0504) 56572

Devil's Bit

One-hour Walk

UPPERCHURCH

Jim O' the Mills

(Thursday Nights)

(0504) 54400

HOLYCROSS

Fishing in Holycross

(0504) 43768

[www.fishinginireland.info/
trout/south/suir](http://www.fishinginireland.info/trout/south/suir)

Permits available from
Glasheens Pub, Holycross

The Ship

Live Music

(0504) 22847

#tipperaryheartland

Fáilte go croí-lár
Chontae Thiobraid
Árann dúthaigh
álainn chlúiteach.

Tá an-éagsúlacht
le fáil anseo
idir stair, cultúr,
spórt agus craic.

Mothóidh tú
cairdeas muintir
na háite a chuirfidh
fáilte ó chroí
romhat.



Tipperary Local Community Development Committee (LCDC) is the managing body for the European Union Rural Development 2014 -2020 (LEADER) Programme in County Tipperary. This project has been co-funded under the EU Rural Development 2014 -2020 (LEADER) Programme implemented in County Tipperary by North Tipperary LEADER Partnership on behalf of the Tipperary LCDC. Acknowledging the assistance of the EU and The European Agricultural Fund for Rural Development: Europe Investing in Rural Areas. Funded by the Irish Government under the National Development Plan 2014 -2022

Design and photography by © Eamonn B. Shanahan
Pinstripe Media | www.pinstripe.ie



#tipperaryheartland

